

THE CITY OF SOUTH GATE PARKS AND RECREATION DEPARTMENT

# SOUTH GATE CONNECT

THE CITY OF SOUTH GATE  
PARKS AND RECREATION DEPARTMENT  
PROUDLY PRESENTS

# LA Phil

LOS ANGELES PHILHARMONIC

WEDNESDAY, SEPTEMBER 25, 2024  
HENRY C. GONZALEZ AUDITORIUM

# FALL 2024



SGPARKSANDREC\_



SOUTHGATEPARKS&RECREATION



# FALL 2024

## SOUTH GATE CITY HALL

Monday-Thursday  
7:00 am-5:30 pm  
8650 California Avenue  
South Gate, CA 90280  
Administration  
(323) 563-9501  
City Council Office  
(323) 563-9543  
cityofsouthgate.org

## CITY COUNCIL

### Gil Hurtado

~Mayor

### Maria Davila

~Vice Mayor

### Al Rios

~Council Member

### Joshua Barron

~Council Member

### Maria del Pilar Avalos

~Council Member

## PARKS & RECREATION COMMISSION

### Alan Flores

~Chair

### Lizette Ruiz

~Vice Chair

### Edgar Pelayo

~Secretary

### Cynthia Esquivel

~Commissioner

### Alejanda Flores

~Commissioner



# Public Meeting Schedule

## CITY COUNCIL MEETINGS

The City Council is the policy making body for the City of South Gate. Residents and community members are highly encouraged to participate in the Comments from the Audience portion of the meetings. Here you can address any issue directly to the City Council and staff that is not listed on that meeting's Agenda. Meetings take place on the 2nd and 4th Tuesday of every month at 6:30 pm.

**Council Meetings are held in person at the Council Chambers.**

## COMMISSION FOR SOUTH GATE YOUTH

The Commission for South Gate Youth seeks to empower the youth by promoting and supporting high quality programs and projects that address the needs of youth.


Meetings take place on the 1st Tuesday of every month, at 6:00 pm located in the Civic Center Building.

## PARKS AND RECREATION COMMISSION

The Parks and Recreation Commission serves as an advisory panel to the City Council on matters related to the City's parks and its recreation programs. Commission meetings are open to the public and members of the public are allowed to address the Commission on any parks and recreation related issue. Meetings take place on the 2nd Thursday of each month, at 7:00 pm at City Hall's Council Chambers.

## PLANNING COMMISSION

The Planning Commission reviews matters related to land use, planning law, environmental, and developmental issues. The Commission holds regularly scheduled public hearings to consider such land use matters as the general plan, specific plans, site plans, rezoning, use permits and subdivisions. Visit [www.cityofsouthgate.org](http://www.cityofsouthgate.org) for meeting dates.

 **YouTube** We are now live streaming meetings on YouTube!  
[youtube.com/@SouthGateCA90280](https://youtube.com/@SouthGateCA90280)

## City Services Directory

<b>CITY CLERK'S OFFICE</b>	(323) 563-9510	<b>SOUTH GATE MUSEUM &amp; ART GALLERY</b>	(323) 357-5838
<b>COMMUNITY DEVELOPMENT</b>		<b>Additional Contact Numbers</b>	
Building Inspection/Permits	(323) 563-9549	A.Y.S.O.	(323) 270-0608
Code Enforcement	(323) 563-9558	BOY SCOUTS	(213) 413-4400
<b>FINANCE</b>	(323) 563-9523	CITY DUMP	(562) 928-4616
Business License	(323) 563-9527	CHAMBER OF COMMERCE	(323) 567-1203
Water Billing	(323) 563-9586	HARBOR AREA FARMERS MARKET	(562) 308-7364
<b>HUMAN RESOURCES</b>	(323) 357-5835	GIRL SCOUTS OF AMERICA	(213) 213-0150
8680 California Ave		HOLLYDALE LIBRARY	(562) 634-0156
<b>PARKS &amp; RECREATION</b>	(323) 563-5479	H.S.A. PROGRAM	(562) 806-5400
Administration Office • 4900 Southern Avenue		J.A.A. ORGANIZATION	(323) 566-4700
<b>POLICE DEPARTMENT</b> • 8620 California Avenue		PHONE-A-RIDE	(866) 260-4600
Non-Emergency Phone Line	(323) 563-5436	SOFIVE SOCCER CENTER	(323) 923-4650
<b>FIRE DEPARTMENT</b>		SOUTH GATE AQUA COALITION, INC.	(323) 972-6664
4867 Southern Place, Station 54		SOUTH GATE ART ASSOCIATION	(323) 564-7541
General Business	(323) 567-8580	SOUTH GATE AZTECS	(323) 327-2412
5720 Gardendale Street, Station 57		SOUTHERN CALIFORNIA EDISON	(800) 611-1911
General Business	(323) 531-9700	UNIVERSAL WASTE SYSTEMS	(323) 334-3660
<b>PUBLIC WORKS</b>		LELAND R. WEAVER LIBRARY	(323) 567-8853
Administration	(323) 357-9657		
Engineering	(323) 563-9567		
Graffiti Hotline	(323) 563-5793		
Illegal Dumping Hotline	(323) 563-9575		
Street Lights & Traffic Signals	(323) 563-5773		
Tree/Street/Pothole Repairs	(323) 563-5785		



77<sup>TH</sup> ANNUAL  
SOUTH GATE CHILDREN'S

*Christmas*  
LANE

PARADE & FESTIVAL

*Save the Date!*  
DECEMBER 8, 2024



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**FALL PROGRAM SESSION**  
SEPTEMBER 23 TO  
NOVEMBER 24, 2024  
**REGISTRATION OPENS**  
AUGUST 26, 2024  
**FALL EXCURSIONS**  
**REGISTRATION OPENS**  
SEPTEMBER 3, 2024





## October is National Domestic Violence Awareness Month

The Family Violence Prevention Program of the South Gate Police Department recognizes the victims and survivors of domestic violence. The program provides free and confidential services for people affected by violence. If you or someone you know needs help, call us at (323) 357-9667

**You are not Alone!**

## NOTICE OF ELECTION



**NOTICE IS HEREBY GIVEN** that a General Municipal Election will be held in the City of South Gate on Tuesday, the 5th day of November 2024 for the following Offices:  
**Three (3) Members of the City Council for the full term of four (4) years.**  
The vote centers for the election shall open on Saturday, October 26, 2024, and close at 8:00 p.m. on November 5, 2024, providing a 10th day voting opportunity, pursuant to Sections 4007 and 14401 of the California Elections Code.  
**Yodit Glaze, City Clerk**  
*For more information and to find your voting location, please visit [lavote.net](http://lavote.net).*



### How Illegal Dumping Harms our Community

The dumping of trash, garbage, bulky items and waste material on public property (e.g., sidewalks, streets, alleys, parks, etc.) detracts from our neighborhoods. It negatively impacts the beauty, safety, and enjoyment of our neighborhoods, as well as property values. Dumping items on public property is illegal and subject to Administrative Citations of \$115 for first offense, \$230 for second offense, and \$575 for third offense.

**City Illegal Dumping Hotline**  
**(323) 563-9575**

**Union Pacific Railroad Hotline**  
**(888) 877-7267**

**Report Illegal Dumping In Progress**  
**(323) 563-5436**

If you observe illegal dumping activity, immediately call the South Gate Police Department at **(323) 563-5436**

## BULKY



## ITEM PICK UP

Did you know the City of South Gate partners with Universal Waste Systems to coordinate bulky item pickup? Our Bulky Item Pickup service ensures safe and responsible disposal of large items such as furniture, appliances, and electronics. Residents and multifamily tenants can schedule up to ten free bulky item pickups per month!

Illegal dumping of bulky items not only spoils the natural beauty of our community but also poses significant environmental hazards. In the City of South Gate, illegal dumping can result in fines against property owners who cause, allow or offer illegal dumping.

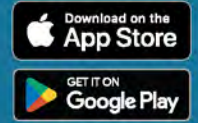
To learn more and schedule a bulky item pick-up, call UWS customer service at (562) 334-3660 or email [SGCustomerService@uwscustomer.com](mailto:SGCustomerService@uwscustomer.com) or submit a request online at [uwscustomer.com/south-gate](http://uwscustomer.com/south-gate)





The City is excited to announce the launch of Go South Gate, the City's official app to enhance communication with the community. After downloading, residents can create a profile, enter a service request, look up city information and set up alerts for city news. Users will be able to track service requests through the app. Some of the service requests that users can make include illegal dumping, road repairs, graffiti, city tree issues, street light malfunctions, and more.

**Non-Emergency Police Services** Dial (323) 563-5436 to request non-emergency police services such as parking violations, blocked driveways/alleys, and 72-hour violations. You should NOT use the app to report a crime, an emergency, or to request immediate police assistance.



The City Council has awarded a \$8.1 Million contract for the construction on the Tweedy Mile Complete Streets Project.



The project will renovate Tweedy Boulevard between Dearborn Ave. and Dorothy Ave. with an enhanced design that includes improvements for safety, traffic circulation, landscaping, and beautification. Improvements include road and sidewalk repairs, widened street corners, widened sidewalk at designated locations, landscaping, street furniture with a new design, enhancing pedestrian crosswalks of which four will be equipped with flashing lights, and bike amenities such as bike racks and sharrows. The City Council approved a 7-month construction schedule instead of 8 1/2 months to reduce the potential for safety issues and the potential impacts to businesses. Construction is planned to begin August 2024 and be completed by March 2024.

**VISIT CITYOFSOUTHGATE.ORG • (323) 563-9578 FOR MORE INFO**



Come join us for our annual Trunk-or-Treat Spooktacular event! The South Gate Police Department is hosting its 4th annual Trunk or Treat event on October 24 from 5:00 - 8:00 pm at South Gate City Hall, located at 8650 California Ave. This is a safe and fun way to Trick-or-Treat from trunk to trunk. Costumes are encouraged! Don't forget your treat bucket!

For more information follow SGPD on Instagram @south\_gate\_police\_department

**Revitalize South Gate with grants for business improvements:**

- Business Sign Program: Grants up to \$25,000 for updating or fixing business signage, covering design, materials, labor, and permits. Eligibility requires businesses to be within city limits, on Tweedy Blvd. or major arterials, serving low- and moderate-income residents, and with street visible storefronts.
  - Commercial Façade Improvement Program: Grants up to \$100,000 for exterior upgrades like refinishing, awnings, windows, doors, lighting, and landscaping. Businesses must be within city limits, on major arterials in eligible CDBG census tracts, serving low- and moderate-income residents, and with street-visible storefronts. A 10% project cost match is required.
- Both programs are funded by HUD and aim to beautify South Gate and support local businesses.

**For more information, call (323) 563-9535 or visit cityofsouthgate.org**

**Residential REHAB (HOME) Revitalize Your Home with Our Special Loan Program!** Offering loans up to \$65,000 at 0% interest for eligible residents to cover home improvements such as roofing, electrical systems, plumbing, painting, windows, structural repairs, and ADA upgrades.

Eligibility: South Gate residency • Owner-occupied property • Household income not exceeding HUD thresholds • After-rehab value not exceeding \$646,000

**For more information, call 909-816-5758 or visit cityofsouthgate.org**







## PARKS IN THE CITY

- |   |   |
|---|---|
| <b>1</b> <b>CESAR CHAVEZ PARK</b><br>2541 Southern Ave.           | <b>6</b> <b>SOUTH GATE PARK</b><br>4900 Southern Ave.             |
| <b>2</b> <b>CIRCLE PARK</b><br>10129 Garfield Ave.                | <b>7</b> <b>STANFORD PARK</b><br>2715 Illinois Ave.               |
| <b>3</b> <b>GARDENDALE TOT LOT</b><br>5480 Gardendale St.         | <b>8</b> <b>SOUTH GATE DOG PARK</b><br>5400 Monroe Ave.           |
| <b>4</b> <b>HOLLYDALE COMMUNITY PARK</b><br>12221 Industrial Ave. | <b>9</b> <b>TRIANGLE PARK</b><br>Atlantic and Rayo Ave.           |
| <b>5</b> <b>HOLLYDALE REGIONAL PARK</b><br>5400 Monroe Ave.       | <b>10</b> <b>STATE STREET PARK</b><br>State St. and Southern Ave. |



## PET FRIENDLY SPACES IN SOUTH GATE PARKS

The City of South Gate understands that we all want to bring our entire family, including our dogs to the park; for exercise, to socialize or just to enjoy our beautiful parks, but a busy park is not always the best place for a dog. To ensure that our four footed friends can also enjoy our City Parks, please remember the following rules.

### SOUTH GATE PARK



1. Dogs are **NOT ALLOWED** inside South Gate Park except on the outside trail (sidewalks).
2. Dogs must be on leash and in the owners control at all times.
3. Please pick up after your dog.

### HOLLYDALE REGIONAL PARK



**SOUTH GATE DOG PARK**  
5400 Monroe Avenue  
South Gate, CA 90280

### DOG PARK RULES

- 1) Park is open from dawn to dusk
- 2) Dogs must be leashed when entering or leaving the safety of the Dog Park
- 3) Owners are required to pick-up and dispose of their dog's feces both in and out of the Dog Park
- 4) Owners are solely responsible for their dog's behavior and will be liable for injuries or damage caused by their dogs
- 5) Owners use the park at their own risk. South Gate Parks & Recreation Department is not responsible for injury or illness to dogs or owners
- 6) South Gate Parks & Recreation Dept. reserves the right to close the Dog Park for inclement weather, maintenance, repairs, special events or when deemed necessary

For the full list of Dog Park Rules please visit  
[www.cityofsouthgate.org](http://www.cityofsouthgate.org)





# FALL 2024 RECREATION GUIDE



SGPARKSANDREC\_



SOUTHGATEPARKS&RECREATION



# PARKS & RECREATION DEPARTMENT DIRECTORY

Administration Office	4900 Southern Avenue	(323) 563-5479
Girls Club House	4940 Southern Avenue	(323) 563-5447
Golf Course	9615 Pinehurst Avenue	(323) 357-9658
Margaret Travis Senior Center	4855 Tweedy Boulevard	(323) 357-9662
Patricia G. Mitchell Swim Stadium	9520 Hildreth Avenue	(323) 563-5446
South Gate Museum and Art Gallery	8680 California Avenue	(323) 357-5838
Sports Center	9520 Hildreth Avenue	(323) 563-5445
Transit Services	9520 Hildreth Avenue	(323) 563-5754

## AMERICAN YOUTH SOCCER ORGANIZATION FOR BOYS & GIRLS (A.Y.S.O.)

A.Y.S.O. provides South Gate youth with recreational soccer opportunities, while competing in a fun and safe environment. Program consists of practices, games, and post-season play.

**For registration information or to register please visit: [www.ayso.bluesombrero.com](http://www.ayso.bluesombrero.com) or call (323) 270-0608 • (323) 331-2584**

## JUNIOR ATHLETIC ASSOCIATION (J.A.A.)

For over 50 years the Junior Athletic Association has been dedicated to serving the youth of South Gate. It is an all volunteer organization that encourages parents to volunteer as coaches or as sports officials. They offer recreational sports leagues for baseball, softball & basketball.

### OFFICE HOURS:

**Monday-Thursday**  
**Saturday**

**5:30 pm - 7:30 pm**  
**9:00 am - 12:00 pm**

**For more information please call (323) 566-4700**

## HARBOR AREA FARMERS MARKET

Harbor Area Farmers Market currently hosts a market at South Gate Park every Monday, 8:30 am-1:30 pm, rain or shine! We are located in the parking lot on the corner of Pinehurst Ave. and Tweedy Blvd.

To obtain more information please email us via contact form on the website. We do not have a phone number for inquiries. Our website is [GoodVeg.org](http://GoodVeg.org) or call at (562) 308-7364

You can also follow us on Instagram @southgatefarmersmarket

## SOUTH GATE ART ASSOCIATION

The South Gate Art Association is currently welcoming new members. The yearly membership fee is \$20. Soon, the Art Gallery will be open to Art Association activities which include art demonstrations by well-known local artists, weekly classes for adults and art exhibits. Once a year they hold a Family Art Night where community members of all ages can enjoy an evening of creating art together.

**For more information call**  
**Alicia Salazar (323) 271-2730 (Spanish)**  
**Susan Janer (323) 717-4243 (English)**

## SOUTH GATE AZTECS

The South Gate Aztecs is a youth sports organization that provides the fundamental nurturing experiences for future success in sports and in life.

### PLAYER AGE GROUPS:

<b>Flag Football</b>	<b>5 - 6 years old</b>
<b>Tackle Football</b>	<b>7 - 14 years old</b>
<b>Cheer</b>	<b>5 - 13 years old</b>

**For football: (323) 327-2412 • For cheer:(323) 338-1911**  
**Registration information is available [www.southgateaztecs.com](http://www.southgateaztecs.com)**

## SOUTH GATE AQUA COALITION, INC.

The South Gate Aqua Coalition, Inc. is the most advanced aquatics program at the Patricia G. Mitchell Swim Stadium for youth, where swim lesson participants can build upon what they have learned in previous programs. Members of SGAC also learn valuable life skills such as time management, good sportsman-ship, goal setting and good nutrition, all while improving their abilities in the water.

### Practice Hours

**Monday - Friday** **5:00 pm - 7:00 pm**

### Try-out's Schedule

**Weekdays (Monday - Friday)** **5:00 pm - 7:00 pm**

**For more information, please call (323) 972-6664 or email [swimteam@southgateaquacoalition.com](mailto:swimteam@southgateaquacoalition.com).**



**HOW TO REGISTER**



# City of South Gate

Search for a service or a page

Search



Online Payments



Permits



Jobs



Agendas & Minutes



Register Online



Yard Sales



Police Services



Waste Services

<https://secure.rec1.com/CA/city-of-south-gate-parks-recreation-ca/catalog>

## Program Registration Begins August 26, 2024

### GENERAL REFUND POLICY

A program may be canceled in the event minimum registration is not met by the specified deadline or 48 hours prior to the program. A full refund will be issued only in the event that a program is canceled by the Parks and Recreation Department. Refunds requested prior to the first day of class will be subject to a \$15 processing fee.

**No refunds will be issued after the first day of class. Refunds will be issued by check and will be mailed within 4-6 weeks. No cash refunds.**

### FEES

Course fees vary and must be paid in full at the time of registration. ONE CHECK MAY BE WRITTEN FOR MULTIPLE CLASS REGISTRATIONS.

**Make checks payable to: City of South Gate. No post-dated checks will be accepted. Please Note:** Cash, personal checks, and credit cards are accepted at all registration sites.

### ELIGIBILITY

Registration is open to all residents of the community and surrounding areas. South Gate residents are encouraged to enroll early since some programs have maximum quotas.

### COMMUNITY EXCURSION INFORMATION

In-person registration is held at the Senior Center (8:00 am - 5:00 pm), Girls Club House (8:00 am - 5:30 pm) and Sports Center (8:00 am - 8:00 pm), online registration is also available. All fees are due at the time of registration. Please arrive 15 minutes before scheduled departure and check-in with the trip escort at the office. There is no grace period. Buses will depart and return from Girls Club House on time and as scheduled (traffic/weather permitting).

### COMMUNITY EXCURSION REFUND POLICY

All cancellations must be made during our office business hours and there will be a \$15 administration fee charged per person.

## ONLINE REGISTRATION



Please visit us on Civic Rec to enroll online for current programs and events.

**SCAN THE QR CODE TO RE REGISTER WITH CIVICREC**







## BASEBALL FUNDAMENTALS

**Boys & Girls Ages: 3 - 12 years**  
**9 week session**

**Fee: \$59**  
**Location: TBD**

In this nine-week class participants will be taught the fundamentals of the sport. Participants will catch, throw, swing the bat, run the bases, and participate in basic fielding exercises. Drills utilized in this class are intended to increase participant knowledge while preparing them for potential league play.

<b>Age 3 - 4 years</b>	<b>Wednesday</b>	<b>5:00 - 5:45 pm</b>
<b>(Parent participation required for the 3-4 year old class)</b>		
<b>Age 5 - 6 years</b>	<b>Wednesday</b>	<b>6:00 - 6:45 pm</b>
<b>Age 7 - 12 years</b>	<b>Wednesday</b>	<b>7:00 - 7:45 pm</b>

## VOLLEYBALL FUNDAMENTALS

**Boys & Girls Ages 10+ years** **Fee \$59**  
**9 week session** **Location: Sports Center Gym (Court 2)**

In this nine-week class participants will be taught the basic fundamentals of the sport. Participants will serve, pass, set, hit, and learn the basic positions on the volleyball court. Drills utilized in this class are intended to increase knowledge and prepare participants for competitive play.

**Tuesday** **5:00 - 5:45 pm**

## YOUTH OLYMPIC WEIGHTLIFTING

**Boys & Girls Ages 6 - 17 years**  
**9 week session**

**Fee \$59**  
**Location: Sports Center**

This class focuses on learning the technique, progression, and execution of the snatch, power clean, and clean and jerk. Benefits of enrolling in this class are: Increased strength, power, improved muscular development, body composition, injury prevention, and learning a new way to train.

**Mondays** **6:00 - 6:45 pm**

## MULTI-SPORT: SHOOT, KICK & HIT

**Boys & Girls Ages 3-12 years** **Fee \$59**  
**9 week session** **Location: TBD**

In this nine-week class, participants will be taught the basic fundamentals of basketball, soccer and baseball. Drills utilized in this class are intended to increase participant knowledge of the three sports and assist with increasing participant comfortability in all sports league play.

<b>Age 3 - 4 years</b>	<b>Thursday</b>	<b>5:00 - 5:45 pm</b>
<b>(Parent participation required for the 3-4 year old class)</b>		
<b>Age 5 - 6 years</b>	<b>Thursday</b>	<b>6:00 - 6:45 pm</b>
<b>Age 7 - 12 years</b>	<b>Thursday</b>	<b>7:00 - 7:45 pm</b>

## KARATE

**Boys & Girls Ages 7 - 17 years**  
**Monthly Session**

**Fee \$60**  
**Location: Senior Center**

Karate offers the ability to develop confidence, physical fitness, self defense, discipline, competition and tournament skills.

**Registration information:** You must register on a monthly basis, on the first Monday or Wednesday of the month.

**Mondays/Wednesdays**

<b>Beginners</b>	<b>5:15 - 6:15 pm</b>
<b>Youth Color</b>	<b>6:30 - 7:30 pm</b>
<b>Juniors &amp; Adults</b>	<b>7:45 - 9:00 pm</b>



- GYM RULES**
1. ALL PLAYERS MUST CHECK IN AT FRONT DESK.
  2. COURTS MAY ALREADY BE RESERVED.
  3. NO FOOD OR DRINK IN GYM.
  4. NO RUNNING ON SIDE COURTS.
  5. FULL COURT GAMES ARE ONLY ALLOWED ON COURT #1.
  6. FULL COURT GAMES ARE TO BE PLAYED TO 15 POINTS.
  7. ADDITIONAL YEARS MUST CHALLENGE THE WINNERS.
  8. NO SPITTING.
  9. NO CURSING.
  10. COURT 2A IS RESERVED FOR USE BY AGE 12 & A UNDER.
  11. THE CITY RESERVES THE RIGHT TO CHANGE OPEN TIMES.
- THANK YOU FOR YOUR PATRONAGE AND COOPERATION.

**COURT 2B**



## BASKETBALL FUNDAMENTALS

**Boys & Girls Ages 5 - 12 years** Fee \$59  
**9 week session** Location: Sports Center Gym (Court 2)

In this nine-week class participants will be taught the fundamentals of the sport. Participants will shoot, pass, dribble, and rebound while also learning the basics of defense. Drills utilized in this class are intended to increase participant agility and assist with establishing their confidence on the court.

Age 5 - 6 years	Monday	5:00 - 5:45 pm
Age 7 - 8 years	Monday	6:00 - 6:45 pm
Age 9 - 12 years	Monday	7:00 - 7:45 pm

## YOUTH BASKETBALL TRAINING



**Boys & Girls Ages 10+ years** Fee \$59  
**9 week session** Location: Sports Center

Lebron, Steph, and Giannis all know what it takes to be the best. Our Trainers will instill the fundamentals needed to train like the pros. Become quicker, faster, and stronger than the competition! This class focuses on the strength and conditioning aspect of basketball and is not intended for beginners

**Intermediate/Advanced Class ONLY**  
**Mondays** 5:00 - 5:45 pm

## SOCCER FUNDAMENTALS

**Boys & Girls Ages 3-12 years** Fee \$59  
**9 week session** Location: Sofive Soccer Center

In this nine-week class participants will be taught the fundamentals of the sport. Participants will pass, dribble, and score while also learning the basic of defense. Drills utilized in this class are intended to increase participant agility and assist with establishing their confidence on the field.

Age 3 - 4 years	Wednesday	5:00 - 5:45 pm
(Parent participation required for the 3-4 year old class)		
Age 5 - 6 years	Wednesday	6:00 - 6:45 pm
Age 7 - 12 years	Wednesday	7:00 - 7:45 pm
Age 3 - 4 years	Thursday	5:00 - 5:45 pm
(Parent participation required for the 3-4 year old class)		
Age 5 - 6 years	Thursday	6:00 - 6:45 pm
Age 7 - 12 year	Thursday	7:00 - 7:45 pm

## FOOTBALL FUNDAMENTALS

**Boys & Girls Ages 5-12 years** Fee \$59  
**9 week session** Location: TBD

In this nine-week class participants will be taught the fundamentals of the sport. Participants will throw, catch, kick, block, and run while learning the basics of football. Drills utilized in this class are intended to increase participants knowledge while preparing them for potential league play.

Age 5 - 6 years	Tuesday	6:00 - 6:45 pm
Age 7 - 12 years	Tuesday	7:00 - 7:45 pm





**DO YOU HAVE A TEAM  
AND WANT TO JOIN  
ONE OF OUR SPORTS  
LEAGUES FOR THE  
UPCOMING SEASON?**

**CONTACT THE SPORTS  
CENTER FOR MORE  
DETAILS  
(323) 563-5445**

**ADULT BASEBALL LEAGUE**

The city offers wood and aluminum bat leagues on Saturday & Sunday. Contact the Sports Center for more details

League Rate **\$600.00**

**ADULT SOFTBALL TEAM SIGN UP**

Calling all softball teams both Men's and Co-ed, our current leagues are taking registration for the upcoming season. Men's league is held on Thursday evenings while Co-ed will be held on Fridays.

Teams **\$569.00**  
 Refundable forfeit fee **\$82.00**  
 Umpire fee per game **\$20.00**

**ADULT BASKETBALL LEAGUE**

Gather your starting 5 and join our Adult Basketball Leagues. We currently offer a Men's & Women's League, both offered on Friday evenings.

Teams **\$430.00**  
 Refundable forfeit fee **\$82.00**  
 Referee fee per game **\$40.00**

**ADULT VOLLEYBALL LEAGUE**

Join our Adult Volleyball League being held every Tuesday evening. This is a Co-ed League with game times between 6:00 - 9:00 pm.

Teams **\$353.00**  
 Refundable forfeit fee **\$35.00**  
 Umpire fee per game **\$35.00**

**SOCCER OPEN PLAY**

**Free**

Location: **Sofive Soccer Center**  
 Days: **Monday, Wednesday, Friday**  
 Time: **5:30 - 7:00 pm**

The Parks & Recreation Department will be offering FREE Open Play soccer for adults at Sofive Soccer Center. As part of the City's agreement with Sofive, the Department is able to provide RESIDENTS ONLY with this great opportunity to play soccer in the premier 5 vs. 5 facility in the country. Residents will be required to check in at the Sofive Soccer Center and show proof that they live in South Gate. Open play will be on two of the soccer complex's fields for an hour and a half each day. Residents will be able to register to play up to 30 minutes before the start of each play period. Daily registration will be limited to the first 30 adults.



*Honoring all who served*

# VETERANS DAY

**CEREMONY**

VETERANS MEMORIAL FOUNTAIN

SATURDAY, NOVEMBER 9, 2024 • 11:00 AM



FOR MORE INFORMATION CONTACT THE GIRLS CLUB HOUSE AT 323-563-5447



THURSDAY, OCTOBER 31, 2024 • 6:00 - 9:00 PM

# HALLOWEEN HAUNT 2024



FREE  
ENTRY



SOUTH GATE PARK  
BASEBALL DIAMONDS #1-4

FOR MORE INFORMATION CONTACT  
THE GIRLS CLUB HOUSE AT (323) 563-5447



HOLLYDALE COMMUNITY PARK WILL BE CLOSED DUE TO CONSTRUCTION



**SATURDAY, DECEMBER 14, 2024**



**BREAKFAST  
INCLUDED**

**\$7.00  
AGES 2+ OVER**

# **SANTA'S BREAKFAST**

**HOLIDAY CRAFTS | RAFFLE PRIZES | A GIFT FROM SANTA**



**HENRY C. GONZALEZ  
AUDITORIUM**



REGISTRATION OPENS NOVEMBER 11

FOR MORE INFORMATION CONTACT THE GIRLS CLUB HOUSE AT (323) 563-5447





## ART CLASS

**Ages 7 - 17 years**  
**9 week session**

**Fee \$79**

**Location: Girls Club House**

This class teaches students the drawing fundamentals, including contour drawing perspectives, shading, proportion and still rendering. The instructor for this class will be Claudia Hindu. Please note that a payment of \$10 will be collected by the instructor on the first day of class for the supplies that will be needed for this class.

**Tuesday**

**5:00 - 5:30 pm**

## BABY BOOGIE

**Ages 3-5 years**  
**9 week session**

**Fee \$70**

**Location: Girls Club House**

This class will incorporate hip hop dancing along with classical moves. The instructor will inform you on the first day of class as to what the attire will be for this class. Instructor for this class will be Crystal Betancourt.

**Tuesday**

**5:00 - 5:30 pm**

## BABY TAP DANCING

**Ages 3-5 years**  
**9 week session**

**Fee \$70**

**Location: Girls Club House**

Bring your child to this new and exciting dance class. They will learn fun dance movements while learning beginning tap steps. Tap shoes will be required by the second class. Instructor for this class will be Crystal Betancourt.

**Monday**

**5:00 - 5:30 pm**

## BALLET

**Ages 3-12 years**  
**9 week session**

**Fee \$70**

**Location: Girls Club House**

This class will teach them the steps and proper ballet techniques through a designed routine that will be performed at the end of the nine weeks. Ballet shoes are required. Instructor for this class will be Crystal Betancourt.

**Ages 3-4 years**

**Tuesday**

**5:30 - 6:00 pm**

**Ages 4-5 years**

**Tuesday**

**6:00 - 6:30 pm**

**Ages 6-12 years**

**Tuesday**

**6:30 - 7:15 pm**

## BABY MEXICAN FOLK

**Ages 3-5 years**  
**9 week session**

**Fee \$70**

**Location: Banquet Room**

Your little ones will enjoy learning a traditional dance from all the regions of Mexico. A dance costume will be required for the recital at the end of the nine-week session. Participation in the dance recital is optional. The instructor for this class is Vanessa Diaz.

**Ages 3 - 4 years**

**Tuesday**

**4:30 - 5:00 pm**

**Ages 4 - 5 years**

**Tuesday**

**5:10 - 5:40 pm**

## MEXICAN FOLK DANCE FOR YOUTH

**Boys & Girls Ages 6 - 17 Years**  
**9 week session**

**Fee \$70**

**Location: Girls Club House**

Learn all types of traditional dances from all the different regions of Mexico. A dance costume will be required for the recital at the end of the nine-week session. Participation in the dance recital is optional. The instructor for this class is Mary Lastra.

**Ages 6 - 8 Years**

**Wednesday**

**5:00 - 5:45 pm**

**Ages 8 - 11 Years**

**Wednesday**

**5:45 - 6:30 pm**

**Ages 12 - 17 Years**

**Wednesday**

**6:30 - 7:15 pm**

**Advanced**

**Ages 12 - 17 Years**

**Wednesday**

**7:15 - 8:00 pm**

## HIP HOP DANCE

**Ages 6-12 years**  
**9 week session**

**Fee \$70**

**Location: Girls Club House**

Learn fun and energetic routines to the hip music of today. You'll learn a new and technical dance routine during the nine week session. Instructor for this class will be Crystal Betancourt.

**Ages 6-8 years**

**Thursday**

**5:30 - 6:15 pm**

**Ages 9-12 years**

**Thursday**

**6:15 - 7:00 pm**

## DOG OBEDIENCE CLASSES

**Ages 18+ years**  
**9 week session**

**Fee: \$70**

**Location: Hollydale Dog Park**

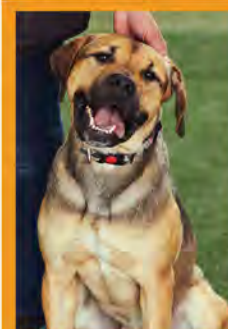
Good manners at an early age makes a new puppy a more enjoyable family member. Instructor for this class will be Gunther A Ramos.

**Saturday**

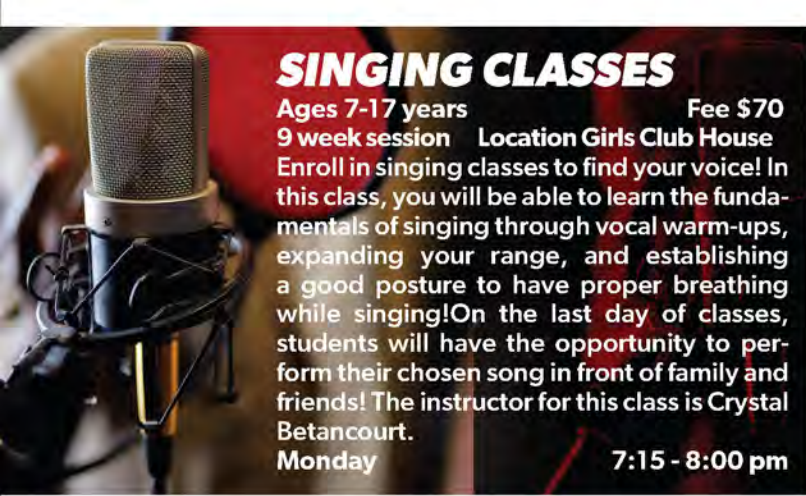
**9:00 - 10:00 am**

**Saturday**

**10:30 - 11:30 am**







## SINGING CLASSES

**Ages 7-17 years** **Fee \$70**  
**9 week session** **Location Girls Club House**  
Enroll in singing classes to find your voice! In this class, you will be able to learn the fundamentals of singing through vocal warm-ups, expanding your range, and establishing a good posture to have proper breathing while singing! On the last day of classes, students will have the opportunity to perform their chosen song in front of family and friends! The instructor for this class is Crystal Betancourt.  
**Monday** **7:15 - 8:00 pm**

## CHEERLEADING

**Ages 5 - 12 years** **Fee \$70**  
**9 week session** **Location: Banquet Room**  
This class will incorporate the basics of cheerleading, where they will learn how to work together as a group to learn a routine. A dance costume will be required for the recital at the end of the nine-week session. Participation in the dance recital is optional. The instructor for this class is Ashley Lopez.

**Ages 5-7 years** **Thursday** **5:00 - 5:45 pm**  
**Ages 8-12 years** **Thursday** **6:00 - 6:45 pm**

## FASHION SKETCHING

**Ages 8 - 17 Years** **Fee: \$79 + \$10 supplies**  
**5 week session** **Location: Girls Club House-Room C**  
This class teaches students to develop their own style of fashion illustration with pencil and mixed media. Students will learn to draw women, men and children's fashion models used as a basic for drawing idealized proportions. Instructor for this class will be Claudia Hindu.

**Tuesday** **5:00 - 6:00 pm**  
**This class will take place on the following dates:**

## CREATIVE DANCE

**Ages 7 - 17 years old** **Fee \$70**  
**9 week session** **Location: Girls Club House**  
Creative dance for creative minds! Join us in creating your own style of dance by coming up with choreography with others! In this class, you will be introduced to different styles of dance and music, all while working collaboratively with others! The instructor for this class is Crystal Betancourt

**Tuesday** **7:15 - 8:00 pm**

## PARENT AND ME: RHYTHM & MOVEMENT CLASS

**Ages: 18 months - 3 Years Old** **Fee \$70**  
**9 week session** **Location: Girls Club House**  
Enroll in this parent and me class for your toddler to be introduced to rhythm and movement, all while expanding their motor skills! Toddlers will have access to wooden instruments. Parent participation is required! The instructor for this class is Crystal Betancourt

**Thursday** **5:00 - 5:30 pm**

# Paint & Sip

**OCTOBER 5, 2024**  
**6:00 - 9:00PM**

**\$35.00**

**\*SUPPLIES INCLUDED\***



**FOR MORE INFORMATION CONTACT THE  
GIRLS CLUB HOUSE AT (323) 563-5447**



## YOUNG CHAMPIONS OF AMERICA SELF DEFENSE LESSONS REGISTER ON SITE

14 week session  
Age 4+ years

Fee: \$10 per week  
Location: Auditorium

Builds confidence, self-discipline and teaches valuable safety tips. A one time registration fee is due at the time of registration. Class Dates: Sept. 18, 2024 - Jan. 15, 2025  
\*NO CLASS ON 9/25, 11/27, 12/25, and 1/1\*

New Students (Ages 4 - 15): Wednesday 5:15 - 5:55 pm  
Yellow & Orange Belts Wednesday 6:00 - 6:40 pm  
Purple Belts & Above Wednesday 6:45 - 7:25 pm  
For information call (714) 478-3793 • (714)425-4708

## LIL CHEFS COOKING CLASS

Ages 6-10 years Fee \$65  
5 week session Location: Senior Center Conf. Rm

Participants will make a different recipe each week. All items needed for the class will be supplied.

Class Dates Oct. 15, 22, & 29  
Nov. 5, & 12  
Tuesday 4:00 - 5:00 pm  
Tuesday 5:15 - 6:15 pm

## TINY TUMBLERS

Boys & Girls Ages 3-5 years Fee \$70  
9 week session Location: Girls Club House

Your little one will learn how to do many tumbling movements. Your child will become more flexible and stronger with each class. Instructor for this class will be Crystal Betancourt.

Monday 5:30 - 6:00 pm

## TUMBLING CLASS

Boys & Girls Ages 6-12 years Fee \$70  
9 week session Location: Girls Club House

Your child will learn the basics of gymnastics. This class is designed to improve your child's coordination and introduce them to flexible movements. Instructor for this class is Crystal Betancourt.

Beginners Tumbling  
Monday 6:00 - 6:30 pm

Advanced Tumbling II\*  
Monday 6:30 - 7:15 pm

\*Child must have taken Tumbling I class in order to register for this class.

# PRESCHOOL PROGRAMS

Registration Information: Onsite registration only.  
Must have birth certificate if this is the first time registering for the program. Child must be mature enough to remain in class by themselves.

## TINY TWO'S CLASSES

Boys & Girls 2 years old Fee \$101  
9 week session Location: Girls Club House Rm B

It's never too early to introduce your child to a school like environment. This nine week session will encourage your 2 year old how to group socialization and participation in story telling, games, action songs, music, and crafts.

Parent involvement is required during class time. One adult per child allowed in class. Birth certificate for each child you register is required. On site registration only.

Monday/Wednesday 9:00 - 10:30 am  
Monday/Wednesday 11:30 am - 1:00 pm  
Tuesday/Thursday 9:00 - 10:30 am  
Tuesday/Thursday 11:30 am - 1:00 pm

## TOT TIME CLASSES

Boys & Girls Ages 3-5 years Fee \$106  
9 week session Location: Girls Club House

Children will learn primary numbers, colors, shapes and the alphabet. Children will also learn to follow directions and socialize with other children through games, songs, puzzles and crafts.

NO DIAPERS/PULL UPS ALLOWED IN CLASS. CHILD MUST BE POTTY TRAINED. SPACE IS LIMITED IN EACH CLASS.

Monday/Wednesday 9:00 - 11:00 am  
Monday/Wednesday 12:00 - 2:00 pm  
Tuesday/Thursday 10:00 am - 12:00 pm





**GROUP EXHIBIT**

**Oír de Nuevo**  
PRESS REPEAT

**ART ACTIVITIES**

**MUSIC**

**JOIN US FOR THE 4TH ANNUAL**

 **City of  
South Gate**

# **ART WALK**

**SATURDAY, OCTOBER 12**

**South Gate Museum & Art Gallery  
8680 California Avenue**

**2 PM - 6 PM**

**SECTIONS OF THE MUSEUM OPEN!**

**ARTISTS, ARTISANS & VENDORS**

QUESTIONS CALL (323) 357-5838 OR EMAIL [JMEJIA@SOGATE.ORG](mailto:JMEJIA@SOGATE.ORG)



**FREE ADMISSION • ALL AGES**







**South Gate  
Museum & Art Gallery**  
8680 California Avenue  
(323) 357-5838  
*The following classes will all take place  
at the Museum.*

### ART CLUB

#### 4 week session

Let's learn about different types of art mediums! Weekly we will dive into a different medium and see what tools you enjoy working with. Our goal is to make sure students experiment and have fun creating art.

<b>Youth &amp; Teen - Ages 8 - 15</b>	<b>Fee \$40</b>
<b>Class Dates</b>	<b>Sept. 24, Oct. 1, 8 &amp; 15</b>
<b>Tuesdays</b>	<b>4:30 pm - 6:00 pm</b>
<b>Class Dates</b>	<b>Sept. 26, Oct. 3, 10 &amp; 17</b>
<b>Thursdays</b>	<b>4:30pm - 6:00 pm</b>

### CARTOON & COMIC BOOK CHARACTERS

#### 6 week session

Through step-by-step instruction each student will be provided with the knowledge and skills needed to learn how to draw the cartoon/comic book characters seen on TV, movies, and graphic novels. Students will put into practice various drawing techniques needed to draw efficiently while exploring their creativity. Class instructor is Art Made Izzy. **Students will need to bring their own materials.**

<b>Youth - Ages 7 - 11</b>	<b>Fee \$95</b>
<b>Class Dates</b>	<b>Sept. 24, Oct. 1, 8, 15, 22, &amp; 29</b>
<b>Tuesdays</b>	<b>6:30 - 8:00 pm</b>

### DRAWING + COMICS

#### 8 week session

Storytelling and illustration class that will entail learning creative writing, color theory and watercolor painting while also creating personalized art in comic form culminating in students presenting their final creations to their class. Instructor for class is Dustin Garcia. **Supplies: \$25 bring to first day of class for instructor.**

<b>Youth Class - Ages 7 - 11</b>	<b>Fee \$100</b>
<b>Class Dates</b>	<b>Sept. 25, Oct. 2, 9, 16, 23 &amp; 30</b>
	<b>Nov. 6 &amp; 13</b>
<b>Wednesdays</b>	<b>5:00 - 6:30 pm</b>
<b>Teen Class - Ages 12 - 17</b>	
<b>Wednesdays</b>	<b>6:30 - 8:00 pm</b>

### INTRODUCTION TO OIL PAINTING

#### 8 week session

This class will teach art fundamentals for oil painting. The course will cover drawing, perspective, shadowing, color mixing, contour and still life rendering. Class instructor: Alicia Salazar **A list of supplies will be given at time of registration.**

<b>Ages 18+</b>	<b>Fee: \$150</b>
<b>Class Dates</b>	<b>Sept. 26, Oct. 3, 10, 17, 24 &amp; 31</b>
	<b>Nov. 7, &amp; 14</b>
<b>Thursdays</b>	<b>11:00 am - 2:00 pm</b>

### WATERCOLOR TECHNIQUES & TIPS

#### 6 week session

Develop your natural artistic skills as you learn basic watercolor theory and techniques. This class covers color mixing, color application, and composition through fun and exciting exercises. Class instructor is Art Made Izzy. **Students will need to bring their own materials.**

<b>Youth Class - Ages 7 - 14</b>	<b>Fee: \$95</b>
<b>Class Dates</b>	<b>Sept. 23, 30, Oct. 7, 14, 21 &amp; 28</b>
<b>Mondays</b>	<b>4:00 - 5:30 pm</b>
<b>Adult 18+</b>	<b>Fee: \$115</b>
<b>Mondays</b>	<b>6:00 - 8:00 pm</b>





9615 Pinehurst Avenue  
(323) 357-9658

**HOURS OF OPERATION**  
MONDAY - SUNDAY  
8:00 AM - 6:00 PM  
LAST TEE TIME: 5:00 PM

\* STARTER SHACK CLOSED DAILY 12:30-1:00 PM \*  
OPERATING HOURS TO CHANGE NOVEMBER 3, 2024  
(END OF DAYLIGHT SAVINGS)

**Sunday, September 1, 2024**



Tee off and have fun! Join us for a friendly scramble tournament at the South Gate Par 3 Golf Course. Whether you're a seasoned pro or just starting out, this event is for everyone.

**South Gate Par 3 Golf Course**  
**Registration fee: \$35.00 per person**  
For more information contact the Golf Course (323) 357-9658

<b>GREEN FEES</b>	<b>WEEKDAY</b>	<b>WEEKEND</b>
YOUTH	\$10	\$11
ADULT	\$11	\$13
SENIOR/DISABLED	\$10	\$11
MILITARY	\$10	\$11



**DOUBLE PLAY TUESDAYS**  
Buy one round of golf and get the second round for free

**CLUBHOUSE AMENITIES**  
Enjoy our fully stocked snack bar with treats and refreshments

**SENIOR DISCOUNTS**  
Seniors play for \$4.50 every Thursday & Friday

**GOLF CARDS**  
Golf card gives you access to 10 rounds of golf during the week  
Youth/Military \$35 • Seniors \$ 35 • Adult \$ 75

**DRIVING RANGE IS NOW OPEN**





**PATRICIA G. MITCHELL  
SWIM STADIUM**

# Patricia G. Mitchell Swim Stadium

9520 Hildreth Avenue  
(323) 563-5446

## POOL SCHEDULE

SEPTEMBER 3 TO DECEMBER 1, 2024

### POOL CLOSURE DATES FOR THIS SEASON

SEPT. 15 • ALL DAY	SWIM MEET
SEPT. 21 • 9:00 AM-1:00 PM	SWIM MEET
OCT. 5 • 1:00 - 5:00 PM	STAFF EVENT
OCT. 12 • 9:00 AM - 1:00 PM	SWIM MEET
OCT. 26 • 1:00 - 5:00 PM	SPECIAL EVENT
OCT. 31 • AFTER 5:00PM	HALLOWEEN
NOV. 9 • 9:00 AM - 1:00 PM	SWIM MEET
NOV. 23 • 9:00 AM - 1:00 PM	SWIM MEET
NOV. 28 • ALL DAY	THANKSGIVING

### FAMILY SWIM HOURS

MONDAY - FRIDAY	3:00 - 4:30 PM
MONDAY - THURSDAY	7:30 - 9:00 PM
SATURDAY - SUNDAY	1:00 - 2:30 PM
	3:00 - 4:30 PM

### ADULT SWIM HOURS

MONDAY - THURSDAY	8:00 - 11:00 AM
MONDAY - FRIDAY	11:30AM - 1:00 PM
	2:00 - 3:00 PM
MONDAY - THURSDAY	9:00 - 9:45 PM

\*THIS SESSION ENDS OCTOBER 30TH

SATURDAY - SUNDAY	12:00 - 1:00 PM
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### LAP SWIM HOURS

Lap swimming is available in a designated area during all open swim sessions for Adults Only unless given permission by Supervising Staff. Please make inquiries in Pool Office.

MONDAY - FRIDAY	5:00 - 7:00 PM
SATURDAY - SUNDAY	9:00 AM - 12:00 PM

Acceptable payment types: cash, check, and credit or debit card  
We do not accept Apple Pay/Google Pay



Save time and create your online account by scanning the QR code before registration begins!

## DAILY RATES

4 YRS & UNDER	FREE
5 - 17 YRS	\$4
18 YRS +	\$5
SENIORS (62 YRS+)	\$4
DISABLED	\$4
MILITARY	\$4

## PUNCH CARD FEES

YOUTH/TEEN/SENIOR/DISABLED/MILITARY	\$40	10 VISITS
ADULTS 18+	\$50	10 VISITS

## POOL REGULATIONS

- The Supervising Lifeguard on duty has the final say in all Health & Safety matters.
- One child under 8 years of age and 48" tall per adult 18+ in the water at a time.
- All swimmers must wear a proper swim suit.  
**NO BASKETBALL SHORTS or EXERCISE CLOTHES ALLOWED.**
- The staff is not responsible for lost or stolen personal items, so if in doubt, **PLEASE DO NOT BRING THEM.**
- Water diapers for infants are **REQUIRED.**
- Children 6 years old or older **MAY NOT** walk through the opposite gender's locker room. Please ask staff for assistance



# SOUTH GATE



## POOL RENTAL INFORMATION

Pool rentals are fun for any occasion. We rent out the pool for baptisms, business parties, swim meets, water polo tournaments and more. The Patricia G. Mitchell Swim Stadium is an indoor, Olympic-size heated swimming pool with an enclosed large patio for dining, music and extra seating. Rentals are taken on a first-come, first-paid basis and cannot be made less than 14 days before the event.

**Non-profit basic rate (private party): \$157 an hour for 150 guests (Includes: whole pool, 3 lifeguards and use of the patio)**

*Please call for pricing on commercial use. There is a cancellation fee for all rentals.*



# SWIM STADIUM MEMBERSHIPS

All memberships must be paid with a credit or debit card unless 6 months or 1 year are paid in advance.

For more information, please call the Patricia G. Mitchell Swim Stadium at (323) 563-5446



**SPLASH**  
 Family Swim/Lap Swim/Adult Swim/Showers  
**Family • \$30/Month**  
**Adults • \$15/Month**  
**Youth/Teens/Seniors/Military/Disabled • \$10/Month**

**SPLASH FITNESS**  
 Family Swim/Lap Swim/Adult Swim/Showers/Aquatic Fitness Classes  
**Adults • \$20/Month**  
**Youth/Teens/Seniors/Military/Disabled • \$15/Month**

**SPORTS & SPLASH**  
 Everything included with the Sports Membership and access pool for Family, Adult & Lap swim  
**Family • \$40/Month**  
**Adults • \$20/Month**  
**Youth/Teens/Seniors/Military/Disabled \$15/Month • \$10/Month**

**PREMIER**  
 Everything included with Fitness, Sports & Splash  
**Family • \$70/Month**  
**Adults • \$30/Month**  
**Youth/Teens/Seniors/Military/Disabled • \$25/Month**







## **LIFEGUARD CERTIFICATION**

This class will be offered to all swimmers who wish to become professional lifeguards. Provides participants the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illness until EMS personnel take over. Prerequisites: Minimum age 15 years. Complete a Swim-Tread-Swim sequence without stopping to rest: Jump into the water and totally submerge, resurface then swim 150 yards using the front crawl, breaststroke or a combination of both. (Swimming on the back or side is not permitted. Swim goggles are allowed.) Maintain position at the surface of the water for 2 minutes by treading water using only the legs. Swim 50 yards using the front crawl, breaststroke or a combination of both. Retrieve a 10-pound brick from the bottom of the deep end. Participants who successfully complete the Lifeguarding course receive an American Red Cross certificate for Lifeguarding/First Aid/CPR/AED PLUS Bloodborne Pathogens and Administering Emergency Oxygen.

**FOR INFORMATION CALL (323) 563-5446**



## **ADULT AND PEDIATRIC CPR/FIRST AID/AED TRAINING**

The Adult and Pediatric CPR/First Aid/AED course incorporates the latest science and teaches students how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult and Pediatric CPR/AED valid for two years. This is a blended learning class and requires proof of online content completion to attend the in-class portion. You will do the Skills Demonstration and Skills Test in class AFTER doing the online portion.

**NEW DATES TO BE DETERMINED**  
Please call the Patricia G. Mitchell Swim Stadium  
for more information: (323) 563-5446



# LEARN TO SWIM



Learning how to swim can save your life and the lives of your friends and loved ones. That is why our Aquatic Staff is eager to teach you and your little ones how to swim and be safe around water. Swim lessons are progressive in nature, so the new classes available during registration change per session, based on the successful completion of the students in the previous session.

Pretest is available upon request. Please bring child and swim suit with you before registration during open hours.

**Please Note: Registration is available online and in-person. It is first-come, first-served and begins in person at 9:00 am and 10:00 am online. Everyone registering in person must bring their child's birth certificate, and their Driver's License or ID. Save some time and create your own account online by scanning the QR code on page 24. For more information, please call us at (323) 563-5446**

## SWIM LESSON SKILLS

### Parent & Child - Baby Beluga

- Introduces basic skills to parents and children. Parents are taught how to safely work with their child in the water. This includes: appropriate supporting/holding their child in the water, preparing and encouraging their child to participate fully in each skill. Children are introduced to basic skills that lay a foundation to help them learn to swim.

### Tiny Tot 1 - Starfish

- Introduces the most elementary aquatic skills, which participants continue to build on as they progress through the Preschool Aquatics and Learn to Swim levels. At this first level, children are encouraged to develop good attitudes and safe practices around the water.

### Tiny Tot 2 - Jellyfish

- Most skills in this level are performed with assistance. This level marks the beginning of independent aquatic locomotion skills. Participants continue to explore using simultaneous and alternating arm and leg actions on the front and back to gain more proficiency for future strokes.

### Tiny Tot 3 - Sea Otter

- Skills in this level are performed independently. Participants learn to improve coordination of combined simultaneous arm and leg actions; and alternating arm and leg action.

### Tiny Tot 4 - Seahorse

This level builds on the skills taught in level 3 and introduces more advanced skills based on the child's ability.

### Level 1 - Crab Introduction to Water Skills

- Participants will be taught the basic personal water safety information and skills, to help participants feel comfortable in the water and to enjoy the water safely.

### Level 2 - Octopus Fundamental Aquatic Skills

- Participants are taught to float without support and to recover to a vertical position. This level marks the beginning of true locomotion skills. Participants further develop simultaneous arm and leg actions; and alternating arm and leg action on the front and back that lay the foundation for future strokes.

### Level 3 - Sea Turtle Stroke Development

- Participants are taught to swim the front crawl, elementary backstroke, scissor kick, dolphin kick, and how to tread water. Participants will also be taught the rules to entering the water head first in 9 feet deep of water.

### Level 4 - Dolphin Stroke Improvement

- Participants are taught how to improve their skills and increase their endurance by swimming already learned strokes for greater distances. Participants are also taught how to back crawl, breaststroke, butterfly and the basics of turning at a wall.

### Level 5 - Sting Ray Stroke Refinement

- Participants are taught how to refine their performance of all the strokes (Front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke) and increase their distance. Students are also taught the proper way to change directions while swimming.

### Level 6 - Shark Swimming & Skill Proficiency

- Participants continue to refine their strokes as they are taught to greater distances. They will be introduced to other aquatic activities in the areas of Personal Water Safety, Fundamentals of Diving, and Fitness Swimming. These activities should prepare them for more advanced water related programs like lifeguarding, competitive swimming, water polo, diving, and synchronized swimming.



## GROUP SWIM LESSONS

<b>Boys &amp; Girls</b>	<b>Ages 6 months-17 years</b>
<b>4 week sessions</b>	<b>25 minute classes</b>
<b>Monday/Wednesday</b>	<b>5:00 - 7:30 pm</b>
<b>Tuesday/Thursday</b>	<b>5:00 - 7:30 pm</b>

Group lessons have between 6-8 students in a class (depending on level). Each session of classes and times offered are based on the number of students who pass to the next level in the previous session and the amount of instructors available to teach.

<b>Registration Dates</b>	<b>Aug. 24, Sept. 28, Oct. 26</b>
<b>Classes Begin</b>	<b>Sept. 3, Sept. 30, Oct. 28</b>
<b>Parent &amp; Child(6 months-2 yrs old)</b>	<b>\$62.00</b>
<b>Tiny Tots (3-5 yrs. old)</b>	<b>\$62.00</b>
<b>Youth (6-17 yrs. old)</b>	<b>\$62.00</b>

## PRIVATE SWIM LESSONS

<b>Ages 3-100 years</b>	<b>4 week sessions</b>
<b>Friday</b>	<b>5:00 - 7:30 pm</b>
<b>Saturday &amp; Sunday</b>	<b>9:00 am - 1:00 pm</b>

Private swim lessons are taught one-on-one. All private swim lesson participants will be granted free entry into our Family Swim sessions that take place Monday - Friday from 3:00 - 4:30 pm for additional practice time in the water.

Class time is 25 minutes long.

<b>Registration Dates</b>	<b>Aug. 25, Sept. 29, Oct. 27</b>
<b>Classes Begin</b>	<b>Sept. 6, Oct. 4, Nov. 11</b>
<b>Tiny Tots (3-5 yrs. old)</b>	<b>\$121.00</b>
<b>Youth (6-17 yrs. old)</b>	<b>\$121.00</b>
<b>Adults (18+ yrs. old)</b>	<b>\$121.00</b>

## SEMI-PRIVATE SWIM LESSONS

<b>Ages 3-100 years</b>	<b>4 week sessions</b>
<b>Friday</b>	<b>5:00 - 7:30 pm</b>
<b>Saturday &amp; Sunday</b>	<b>9:00 am - 1:00 pm</b>

Semi-private swim lessons are taught in a group of 2-3 students of like-skill. All semi-private swim lesson participants will be granted free entry into our Family Swim sessions that take place Monday-Friday from 3:00 - 4:30 pm for additional practice time in the water. **Class time is 25 minutes long.**

<b>Registration Dates</b>	<b>Aug. 25, Sept. 29, Oct. 27</b>
<b>Classes Begin</b>	<b>Sept. 6, Oct. 4, Nov. 11</b>
<b>Tiny Tots (3-5 yrs. old)</b>	<b>\$79.00</b>
<b>Youth (6-17 yrs. old)</b>	<b>\$79.00</b>
<b>Adults (18+ yrs. old)</b>	<b>\$79.00</b>

## ADULT GROUP SWIM LESSONS

<b>Ages 18+</b>	<b>Fee \$74</b>
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Class takes place twice a week for four weeks. Please bring your Driver's License or ID to enroll.

**Adult swim lessons are divided into three basic categories:**

- 1. Beginners-Introduction to water skills**
- 2. Intermediates-Fundamental aquatic skills**
- 3. Advanced-Stroke development, improvement and refinement.**

<b>Registration Dates</b>	<b>Aug. 24, Sept. 28, Oct. 26</b>
<b>Classes Begin</b>	<b>Sept. 3, Sept. 30, Oct. 28</b>
<b>Class day</b>	<b>Monday/ Wednesday &amp; Tuesday/Thursday</b>
<b>Class Time</b>	<b>Sept/Oct. 9:00 - 9:45 pm</b> <b>Nov. 8:00 - 8:45 pm</b>

## AQUA AEROBICS

<b>Ages 13+</b>	<b>Fee \$6 per class</b>
<b>Monday &amp; Wednesday</b>	<b>Sept/Oct. 9:00 - 9:45 pm</b> <b>Nov. 8:00 - 8:45 pm</b>

Ladies, gently shed a few dress sizes without having to feel the sweat run down your shirt. Gentleman, lose a few pounds, tone and lean out your muscles at the same time without the injury causing impact that you would normally experience during a land workout.

**This class is included with the Splash Fitness Membership.**

## MASTER SWIM

<b>Ages 13+</b>	<b>Fee \$6 per class</b>
<b>Monday &amp; Wednesday</b>	<b>Sept/Oct. 9:00 - 9:45 pm</b> <b>Nov. 8:00 - 8:45 pm</b>

Whether you're a triathlete, open water swimmer or just want to maintain fitness or brush up on stroke technique, we got you covered! This class is designed for advanced swimmers 13 years and older. Ability to swim 100 yards of Freestyle and Backstroke as well as knowledge of Breaststroke and Butterfly is suggested.

**This class is included with the Splash Fitness Membership.**

## SENIORCISE

<b>Ages 55+</b>	<b>Fee \$4 per class</b>
<b>Tuesday &amp; Thursday</b>	<b>11:30 am - 12:15 pm</b>

Our senior water exercise program offers a stress-free time to swim, improve health and fitness, and socialize with others while enjoying the benefits of our heated indoor pool. This shallow water, low impact class is slower paced and designed to promote joint flexibility, range of motion, and agility while building cardiovascular fitness and muscle strength.

**This class is included with the Splash Fitness Membership.**

## AQUA BLAST

<b>Ages 13+</b>	<b>Fee \$6 per class</b>
<b>Tuesday &amp; Thursday</b>	<b>8:00 - 8:45 am</b>

Looking for a challenge, but don't want to sweat at the gym? Look no further because Aqua Blast will get you in shape fast! Join this high-intensity class to strengthen muscles with water resistance training. This class will be held in the shallow end of our pool. No experience necessary.

**This class is included with the Splash Fitness Membership.**

## JUNIOR WATER POLO

<b>4 week sessions</b>	<b>Fee \$34</b>
<b>Boys &amp; Girls</b>	<b>Ages 6-12 years</b>
<b>Fridays</b>	<b>6:40 pm - 7:25 pm</b>

This introductory class is designed to give kids ages 6-12 the opportunity to learn the fundamentals of water polo in an supportive environment that emphasizes skill development, teamwork, and physical fitness. Although the sport of water polo is known for its toughness and endurance, Junio Water Polo harnesses all the fun, dynamic aspects of the game in a safe, easy-to-learn aquatic experience that will motivate kids to swim and stay fit.

<b>Registration Dates</b>	<b>Aug. 24, Sept. 28, Oct. 26</b>
<b>Classes Begin</b>	<b>Sept. 6, Oct. 4, Nov. 11</b>

## WATER POLO OPEN PLAY

<b>Ages 18+</b>	<b>Fee \$6 per class</b>
<b>Monday &amp; Wednesday</b>	<b>9:00 - 9:45 pm</b>

Water polo is so much fun! Whether you're a retired collegiate water polo player, or an amateur with heart, this open play time is an opportunity to hone your skills and enjoy a good clean pickup game of water polo.

**Program ends** **October 30**

**This class is included with the Splash Fitness Membership.**



**SATURDAY  
OCTOBER 26  
2:00 - 4:00PM  
\$15 PER PERSON**



**PATRICIA G. MITCHELL  
SWIM STADIUM**



# **PATTI'S PUMPKIN PLUNGE**

**An all ages  
Halloween Event!!**

*Splash around and pick out your favorite  
pumpkin from our floating pumpkin patch!*

**PUMPKIN  
DECORATING  
CONTEST**

**ARTS  
AND  
CRAFTS**

**GAMES  
AND  
PRIZES**

**FUN FOR  
THE WHOLE  
FAMILY!**



**PATRICIA G MITCHELL SWIM STADIUM  
9520 HILDRETH AVENUE SOUTH GATE  
FOR MORE INFORMATION (323) 563-5446**





# SOUTH GATE SPORTS CENTER

9520 Hildreth Avenue  
(323) 563-5445

## HOURS OF OPERATION

Monday - Friday: 8:00 am - 8:45 pm

Saturday: 9:00 am - 4:45 pm

Sunday: Closed

## DAILY RATES

ALL DAILY PASSES  
ARE CASH ONLY

ADULTS 18+ \$5

TEENS (13-17) \$4

SENIORS (62+) \$4

MILITARY \$4

DISABLED \$4

YOUTH (5-12) \$4

FITNESS - ADULT (18+) \$7

FITNESS - TEENS (15-17)  
SENIORS, MILITARY, DISABLED \$6

## SKATE PARK

The South Gate Skate Park welcomes skateboards and bikes. It features a gnarly street section with big rails, stairs and drops. At the back of the park is a fun bowl with hips and mounds. While using the skate park, participants are required by City ordinance to wear proper protective equipment

### SKATE PARK HOURS :

SEPTEMBER 3 - NOVEMBER 2, 2024  
MONDAY - FRIDAY: 11:00 AM - 6:00 PM  
SATURDAY: 11:00 AM - 4:00 PM

NOVEMBER 3 - DECEMBER 31, 2024  
MONDAY - FRIDAY: 11:00 AM - 4:00 PM  
SATURDAY: 11:00 AM - 4:00 PM

**CLOSED SUNDAYS**







# SPORTS CENTER ACCESS

MONDAY-FRIDAY 8:00AM-8:45PM

SATURDAY 9:00AM-4:45PM



## MONTHLY MEMBERSHIP PLANS

**PREMIER**  
EVERYTHING INCLUDED WITH FITNESS, SPORTS & SPLASH.

Teens/Seniors/Military/Disabled	Adults (18 & over)	Family (2 Adults/3 Kids)
<b>\$25</b> per month	<b>\$30</b> per month	<b>\$70</b> per month

**FITNESS** \*\*\*SPLASH ADD-ON OPTION\*\*\*

Teens/Seniors/Military/Disabled	Adults (18 & over)	Family (2 Adults/3 Kids)
<b>\$20</b> per month	<b>\$25</b> per month	<b>\$50</b> per month

• BASKETBALL  
• VOLLEYBALL  
• RACQUETBALL  
• ALL WEIGH ROOMS  
• GROUP EXERCISES

**SPORTS** \*\*\*SPLASH ADD-ON OPTION\*\*\*

Teens/Seniors/Military/Disabled	Adults (18 & over)	Family (2 Adults/3 Kids)
<b>\$10</b> per month	<b>\$15</b> per month	<b>\$30</b> per month

• BASKETBALL  
• VOLLEYBALL  
• SHOWERS

**SPORTS & SPLASH**  
EVERYTHING INCLUDED WITH SPORTS & ACCESS TO PUBLIC/ADULT/LAP SWIM.

Teens/Seniors/Military/Disabled	Adults (18 & over)	Family (2 Adults/3 Kids)
<b>\$15</b> per month	<b>\$20</b> per month	<b>\$40</b> per month

## DAILY ADMISSION

Teens/Seniors/Military/Disabled	Adults (18 & over)
• BASKETBALL GYM • SHOWERS <b>\$4</b>	• BASKETBALL GYM • SHOWERS <b>\$5</b>

Teens/Seniors/Military/Disabled	Adults (18 & over)
• FITNESS CENTER • BASKETBALL GYM • SHOWERS <b>\$6</b>	• FITNESS CENTER • BASKETBALL GYM • SHOWERS <b>\$7</b>

# COMMIT TO A BETTER YOU

\*\*\*SPLASH ADD-ON OPTION\*\*\*  
CAN ONLY BE ADDED TO INDIVIDUAL MONTHLY MEMBERSHIPS.

POOL ACCESS TO:  
• PUBLIC SWIM  
• ADULT SWIM  
• LAP SWIM **\$5** extra per month

\*CREDIT CARD REQUIRED FOR ALL MONTHLY MEMBERSHIPS, UNLESS 3 MONTHS ARE PAID IN ADVANCE\*

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SOUTH GATE PARKS & RECREATION



@SGPARKSANDREC\_

#SOGATE #SGREC



It's time to get fit and in shape! Choose from our Semi-Private Training and train with a friend, or select Private Training for a more personal approach. Training sessions are 45 minutes in duration and will consist of any combination of functional movements, cardiovascular exercises, resistance training and aquatic exercises.

### PRIVATE SESSIONS: (1 ON 1)

Receive undivided attention from one our Certified Personal Trainers.

PRICES LISTED BELOW ARE PER PERSON

1 SESSION	\$32
4 SESSIONS	\$124
8 SESSIONS	\$231
12 SESSIONS	\$302

### SEMI-PRIVATE SESSIONS (2 to 3 people)

Don't Ditch your gym partner! Choose your personal training sessions with friends

PRICES LISTED BELOW ARE PER PERSON

4 SESSIONS	\$78
8 SESSIONS	\$146
12 SESSIONS	\$187
16 SESSIONS	\$206

(MUST HAVE A FITNESS OR PREMIER MEMBERSHIP TO PARTICIPATE)



# FITNESS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BEGINNER YOGA INDOOR</b> 8:15 - 9:00 AM <b>BOOT CAMP</b> 8:15 - 9:00 AM <b>YOGA OUTDOOR</b> 9:15 - 10:00 AM <b>OVER EASY</b> *Ages   55+ 10:00 - 11:00 AM <b>BOOT CAMP</b> 5:00 - 5:50 PM <b>YOUNG &amp; FIT</b> *Ages   7-12 5:00 - 5:50 PM <b>ZUMBA</b> 6:00 - 6:50 PM <b>YOGA OUTDOOR</b> 6:00 - 7:00 PM	<b>SENIORCISE</b> *Ages   55+ 10:00 - 11:00 AM <b>ZUMBA</b> 11:15AM - 12:00 PM <b>STEP AEROBICS</b> 6:00 - 6:50 PM <b>STONE IT UP</b> 7:00 - 7:50 PM	<b>BEGINNER YOGA INDOOR</b> 8:15 - 9:00 AM <b>BOOT CAMP</b> 8:15 - 9:00 AM <b>YOGA OUTDOOR</b> 9:15 - 10:00 AM <b>OVER EASY</b> *Ages   55+ 10:00 - 11:00 AM <b>BOOT CAMP</b> 5:00 - 5:50 PM <b>YOUNG &amp; FIT</b> *Ages   7-12 5:00 - 5:50 PM <b>ZUMBA</b> 6:00 - 6:50 PM	<b>SENIORCISE</b> *Ages   55+ 10:00 - 11:00 AM <b>ZUMBA</b> 11:15AM - 12:00 PM <b>YOGA INDOOR</b> 5:45 - 6:45 PM <b>STONE IT UP</b> 7:00 - 7:50 PM <b>MUAY THAI CONDITIONING</b> 8:00 - 8:45 PM	<b>ZUMBA</b> 11:15 AM - 12:00 PM <b>BOOT CAMP</b> 5:00 - 5:50 PM <b>STEP AEROBICS</b> 6:00 - 6:50 PM <b>MUAY THAI CONDITIONING</b> 7:10 - 8:00 PM	<b>ZUMBA</b> 9:30 - 10:20 AM <b>BOOT CAMP</b> 10:30 - 11:20 AM <b>ADVANCED YOGA INDOOR</b> 11:30 AM - 12:15 PM

**LOCATION | 9520 HILDRETH AVENUE**  
**INCLUDED WITH FITNESS AND PREMIER MEMBERSHIP**

- FIRST COME, FIRST SERVE
- MINIMUM AGE OF 14yrs FOR ALL CLASSES, UNLESS NOTED
- NO ENTRY AFTER 10 MINUTES OF CLASS START TIME

**FOR MORE INFO CALL (323) 563-5445**

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SOUTH GATE PARKS & RECREATION



@SGPARKSANDREC\_ #SOGATE #SGREC

## CLASS DESCRIPTIONS

### BOOT CAMP

This group exercise class combines body weight and resistance training exercises for short periods of time with minimal to no rest. Burn calories, fat, and tone your body while performing a variety of exercises. The high intensity interval training will help maximize your effort at blasting all the calories away. Challenge yourself!!

### MUAY THAI

Burn calories while learning a new skill set. Develop the proper technique to punch and kick in an aerobic setting.

### OVER EASY EXERCISES

This class has been especially designed for those who suffer from many ailments that attack the body. No registration needed. Instructor for this class is Beatriz Rodriguez.

### SENIORCISE

Our newest senior fitness class is designed to help those suffering from arthritis, osteoporosis, and other health ailments. We incorporate light resistance training while focusing on activities of daily living. It's a great class for seniors of ALL fitness levels.

### STEP AEROBICS

Step up, down, and around to rhythmic Latin beats! This class will work the legs, core, and build your aerobic endurance.

### STONE IT UP

This class mixes in resistance training and upbeat music. The class incorporates light weights with an up tempo twist.

### YOGA

Do you want to develop a strong core, more flexibility, and improve your coordination and balance? Then yoga is just for you. Yoga is a conditioning routine that will strengthen your abdominals, hips, and lower back. It will also help you build muscular endurance in your legs. The blueprint for a stronger core and more flexibility is here in yoga.

### YOUNG & FIT

It's never too early to teach children about Fitness. Join our fun and active environment, as we introduce unique and fun ways to exercise. It is conveniently scheduled at the same time as our Boot Camp, so parents can workout at the same time.

### ZUMBA

A mix of low and high intensity moves set to Latin rhythms that are designed to help you dance the calories away!



# FAMILY NIGHTS

*Girls Club House*

FRIDAY, SEPT. 20

6:00 - 8:00 PM

## GAME NIGHT

*Minute to Win it!*

AGES 5 - 11 \$5 • AGES 12+ \$7

Every child must be accompanied by an adult.

FRIDAY, NOV. 15

5:00 - 8:00 PM

## REPTILE SHOW

AGES 5 - 11 \$7 • AGES 12+ \$10

Every child must be accompanied by an adult.



**FAMILY NIGHTS INCLUDE: EVENT PARTICIPATION AND DINNER FOR EACH REGISTERED PARTICIPANT**

FOR MORE INFORMATION CONTACT  
THE GIRLS CLUB HOUSE AT (323) 563-5447







**Margaret Travis Senior Center**  
 4855 Tweedy Boulevard  
 (323) 357-9662

**HOURS OF OPERATION**  
 Monday - Thursday: 8:00 am - 5:00 pm  
 Friday: 8:00 am - 3:00 pm  
 Saturday & Sunday Closed

**SENIOR CENTER ACTIVITIES**

LOTERIA	MONDAYS	8:30 AM - 2:00 PM	CONFERENCE ROOM
MOVIES	MONDAYS	12:30-2:30 PM	MAIN HALL
YOGA	TUESDAY & THURSDAY	10:00 - 11:00 AM	CONFERENCE ROOM
CRAFTS	WEDNESDAYS	9:00 - 11:00 AM	CONFERENCE ROOM
BINGO	WEDNESDAYS	12:00 - 3:00 PM	MAIN HALL
KARAOKE & DANCING	THURSDAYS	9:00 AM - 12:00 PM	MAIN HALL
YARD GAMES	THURSDAYS	10:00-11:00 AM	MAIN HALL PATIO

**HAPPY GRAND PARENTS DAY**

Join us for a fun day of games, music, movies, good food and amazing friends!

**SATURDAY, SEPT. 7, 2024**  
**10:00 AM – 2:00 PM**

**SENIOR CENTER MEAL PROGRAMS**

**H.S.A. SENIOR LUNCH PROGRAM**  
**IN-PERSON MEAL SCHEDULE**  
 Come in and enjoy a hot meal with some of your friends and neighbors. Everyone must make a reservation in order to receive on-site meals  
**for reservations please call (323) 563-1015**

Donation per day: **\$3.00**  
 Day: **Monday - Friday**  
 Time: **11:30 am**



**BLUE JAYS**

Join our senior dance group! No Dance Experience necessary, Come and learn some dance routines, all are welcomed

**TUESDAYS, WEDNESDAY & THURSDAYS**  
**1:00 - 3:00 PM**

**MEALS ON WHEELS FOOD SERVICE**

For information on how to receive meals delivered to your home, Please contact the Meals on Wheels organization at  
**(562) 806-5400 ext. 261**



THE CITY OF SOUTH GATE PARKS AND RECREATION DEPARTMENT

# FALL 2024 Excursions

**REGISTRATION BEGINS SEPTEMBER 3, 2024**

**FANTASY SPRING CASINO • INDIO, CA**

Thursday, Oct. 3, 2024 7:00 am - 7:00 pm  
Cost \$20 Lunch on your own

**GETTY VILLA • PACIFIC PALISADES**

Wednesday, Oct. 9, 2024 9:00 am - 6:00 pm  
Cost \$10 Lunch on your own

**"PUMKIN PATCH" TANAKA FARMS • IRVINE**

Friday, Oct. 18, 2024 9:00 am - 4:00 pm  
Cost \$20 Lunch on your own  
Wagon & pumpkin included

**DIA DE LOS MUERTOS • HOLLYWOOD FOREVER**

Saturday, Oct. 26, 2024 TIME:TBD  
Cost TBD Lunch on your own

**HOLIDAY CRUISE • NEWPORT BEACH**

Friday Dec. 13, 2024 4:00 pm - 10:30 pm  
Cost TBD Dinner is on your own

**DIA DE LOS MUERTOS EVENT • OLD TOWN SAN DIEGO**

Friday, Nov. 1, 2024 12:00 am - 10:00 pm  
Cost \$10 Lunch on your own

**MORONGO CASINO • CABAZON, CA**

Thursday, Nov. 7, 2024 7:00 am - 7:00 pm  
Cost \$20 Lunch on your own

**THE ARBORETUM "LIGHTSCAPE" • ARCADIA**

Friday, Nov. 22, 2024 4:00 pm - 11:00 pm  
Cost \$30 Dinner is on your own

**VIEJAS CASINO • ALPINE, CA**

Thursday, Dec. 5, 2024 7:00 am - 7:00 pm  
Cost \$20 Lunch on your own

In-person registration is held at the Senior Center (8:00 am-5:00 pm), Girls Club House (8:00 am - 5:30 pm) and Sports Center (8:00 am - 8:00 pm). Online registration is also available. All fees are due at the time of registration.

Buses will depart and return from Girls Club House on time and as scheduled (traffic/ weather permitting)  
**NO REFUNDS FOR CANCELLATIONS OR "NO SHOWS" THE DAY OF THE TRIP!**





# HENRY C. GONZALEZ AUDITORIUM



## Administration Office

4900 Southern Avenue  
(323) 563-5479

### HOURS OF OPERATION

Monday - Thursday: 7:30 am - 5:00 pm  
Friday - Sunday Closed

The City of South Gate Parks and Recreation Department has two facilities available for special occasions or business trainings. All reservations are on a first come, first serve basis. Alcohol is now permitted, with certain restrictions, for reservations in the Auditorium or Girls Clubhouse. You must contract security guards and purchase liability insurance at least 30 business days before your event.

For information contact the Parks Administration office at (323) 563-5479 or visit our page at [cityofsouthgate.org](http://cityofsouthgate.org)

### BANQUET ROOM RATES

**This room is used for meetings only.**

This facility has a maximum capacity of 120 people for conferences only.

Hourly Rate	\$50.00
Kitchen Fee	\$80.00
Refundable Damage Fee	\$165.00
*Call for commercial rates	

### GIRLS CLUB HOUSE RATES

This facility has a maximum capacity of 150 people for a dinner receptions, and 325 for conferences.

Hourly Rate	\$120.00
Kitchen Fee	\$64.00
Refundable Damage Fee	\$319.00
*Call for commercial rates	

### AUDITORIUM RATES

This facility has a maximum capacity of 500 people for dinner receptions, and up to 600 people for a conference event.

Hourly Rate	\$200.00
Kitchen Fee	\$84.00
Refundable Damage Fee	\$495.00
*Call for commercial rates	

### ROSE ARBOR RATES

This area can seat up to 110 guests for ceremonies. Set up for rose arbor is Chairs Only.

Fee **\$179.00**

All fees are subject to change without notice.

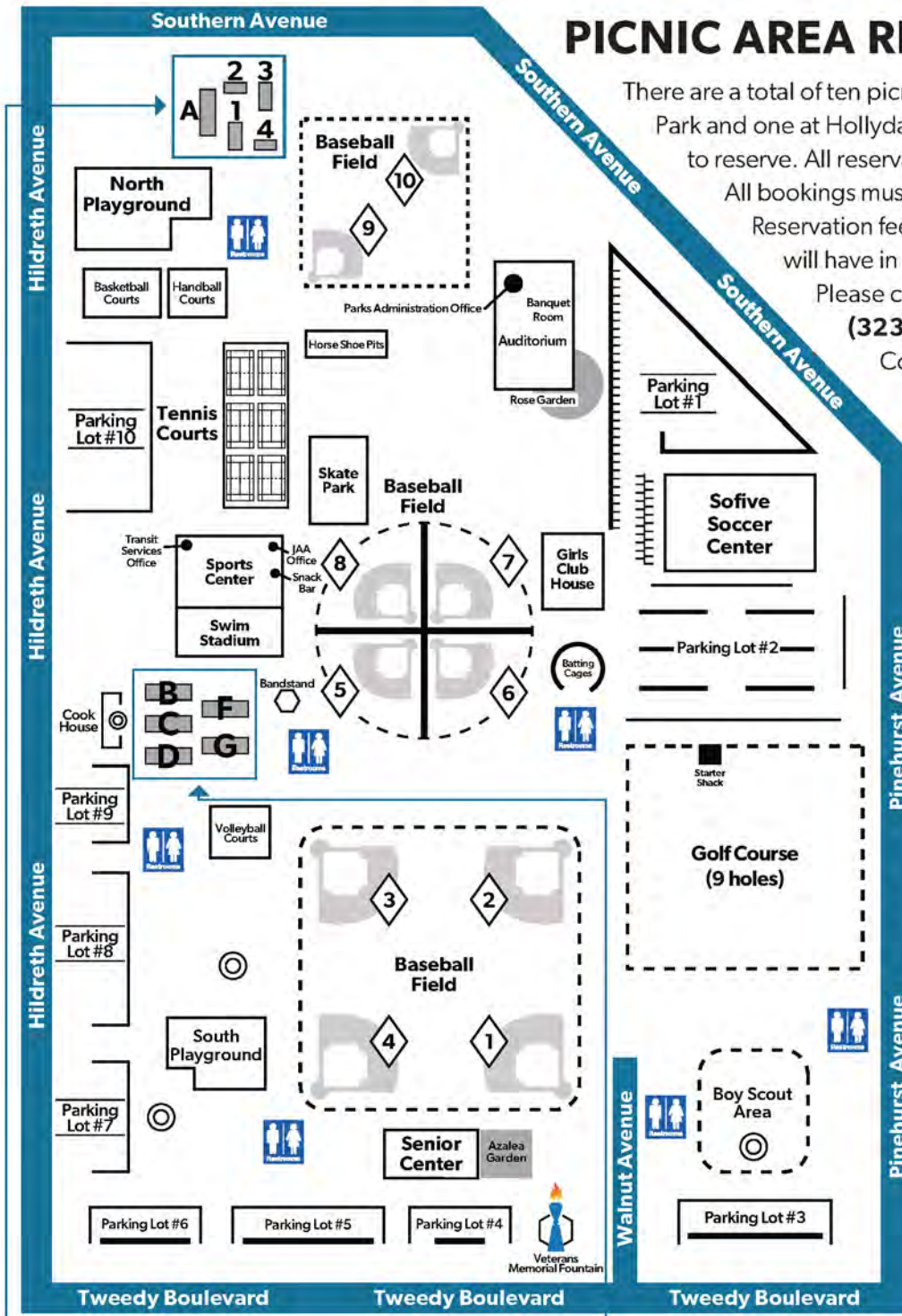


# City of South Gate | Picnic Areas

## PICNIC AREA RESERVATION RATES

There are a total of ten picnic areas located throughout South Gate Park and one at Hollydale Regional Park available to the public to reserve. All reservations are on a first come first serve basis. All bookings must be made at least one week in advanced. Reservation fees are based on the amount of guests you will have in attendance. See group rates below.

Please contact our Parks Administration Office at **(323) 563-5479** to check availability and for Commercial Rate information.



### Non-Profit Group Permit Fees

Group of 1 - 50	\$87.00
Group of 51 - 100	\$173.00
Group of 101 - 200	\$277.00
Group of 201 - 500	\$416.00
Group of 501+	\$831.00

### BANDSTAND RATES

This fee will be based on your group size, see fees listed above.

### COOK HOUSE RATE

Fee	\$82.00
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*All fees are subject to change without notice.  
\*Call for Commercial Rates.*

**PARK FACILITY & PICNIC AREA RENTALS**  
PARK ADMINISTRATION OFFICE  
(323) 563-5479

**BASEBALL FIELD RENTALS**  
SPORTS CENTER  
(323) 563-5445

**POOL RENTAL**  
PATRICIA G. MITCHELL SWIM STADIUM  
(323) 563-5446

**BATTING CAGE RENTAL**  
SOFIVE SOCCER CENTER  
(323) 923-4650



**HOLLYDALE REGIONAL PARK PICNIC AREA** 9 TABLES 72 GUESTS

### OFF SOUTHERN AVE

<b>AREA 1*</b> 6 TABLES 48 GUESTS	<b>AREA 2</b> 4 TABLES 32 GUESTS	<b>AREA 3*</b> 6 TABLES 48 GUESTS
<b>AREA 4</b> 4 TABLES 32 GUESTS	<b>AREA A*</b> 4 TABLES 32 GUESTS	<b>*AREAS A, 1 AND 3 ARE COVERED</b>

### OFF HILDRETH AVE

<b>AREA B</b> 15 TABLES 120 GUESTS	<b>AREA C</b> 25 TABLES 200 GUESTS	<b>AREA D</b> 18 TABLES 144 GUESTS
<b>AREA F</b> 16 TABLES 128 GUESTS	<b>AREA G</b> 12 TABLES 96 GUESTS	



**PICNIC AREA SEATING ESTIMATED CAPACITY**  
BASED ON LOCATION



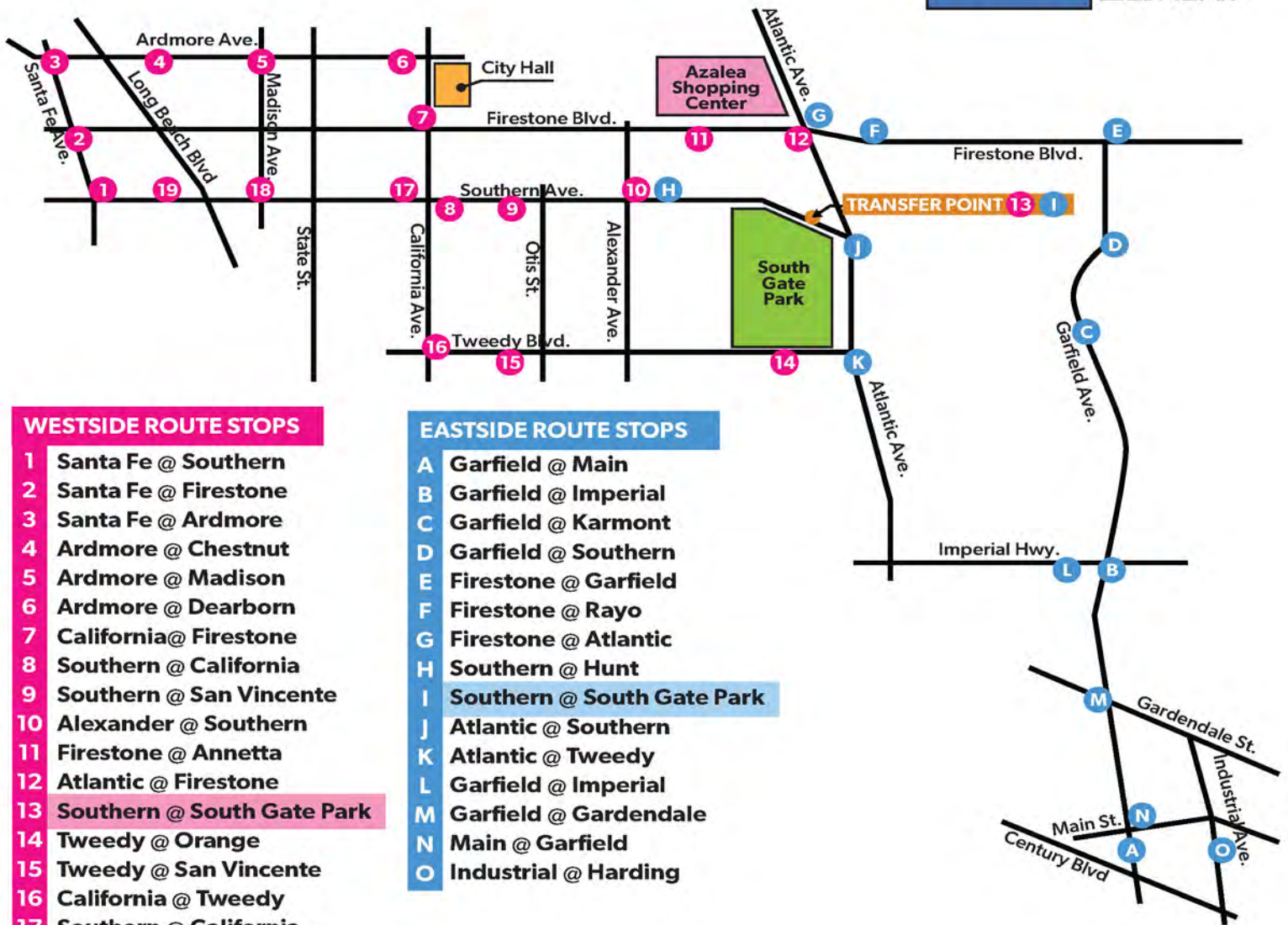


# The GATE

9520 Hildreth Avenue  
(323) 563-5446

**SERVICE HOURS**  
MONDAY-FRIDAY: 6:00 am - 7:00 pm  
SATURDAY: 8:00 am - 5:00 pm

SCAN THE QR CODE TO DOWNLOAD A DIGITAL COPY OF OUR MAPS



## WESTSIDE ROUTE STOPS

- 1 Santa Fe @ Southern
- 2 Santa Fe @ Firestone
- 3 Santa Fe @ Ardmore
- 4 Ardmore @ Chestnut
- 5 Ardmore @ Madison
- 6 Ardmore @ Dearborn
- 7 California @ Firestone
- 8 Southern @ California
- 9 Southern @ San Vincente
- 10 Alexander @ Southern
- 11 Firestone @ Annetta
- 12 Atlantic @ Firestone
- 13 Southern @ South Gate Park
- 14 Tweedy @ Orange
- 15 Tweedy @ San Vincente
- 16 California @ Tweedy
- 17 Southern @ California
- 18 Southern @ Madison
- 19 Southern @ Stanford

## EASTSIDE ROUTE STOPS

- A Garfield @ Main
- B Garfield @ Imperial
- C Garfield @ Karmont
- D Garfield @ Southern
- E Firestone @ Garfield
- F Firestone @ Rayo
- G Firestone @ Atlantic
- H Southern @ Hunt
- I Southern @ South Gate Park
- J Atlantic @ Southern
- K Atlantic @ Tweedy
- L Garfield @ Imperial
- M Garfield @ Gardendale
- N Main @ Garfield
- O Industrial @ Harding

**SERVICE FEE:** 50¢ per ride, Children 5 and under ride free. Transfers are available. Participants of our Phone-a-Ride program ride for FREE!

**RIDE THE GATE TO WORK!** SHOW YOUR EMPLOYEE ID AND YOU RIDE FOR FREE!

Service provider is Global Paratransit, Inc. for route information, please contact (323) 563-5754 or (310) 715-7582





# TRANSPORTATION SERVICES

9520 Hildreth Avenue  
(323) 563-5446  
transit@sogate.org

OFFICE HOURS  
MONDAY-FRIDAY: 12:00 - 6:00 pm  
SATURDAY- SUNDAY CLOSED



Senior/Disabled Tap  
Base Fare • .75¢/.35¢  
1 Day Cap • \$2.50  
7 Day Cap • \$5.00

K-12/College/  
Vocational Tap  
Base Fare • .75¢  
1 Day Cap • \$2.50  
7 Day Cap • \$6.00



# NEW METRO RATES

Introducing Fare Capping effective July 1, 2023



## PHONE A RIDE

REGISTRATION FEE  
\$10.00 PER YEAR  
EACH TRIP \$1.00

COUTA DE INSCRIPCION  
\$10.00 PER ANO  
CADA VIAJE \$1.00

The City of South Gate offers the residents 62 years of age and older or who are permanently disabled a service that allows them to obtain transportation around the City for a minimal fee (there are exceptions to certain medical facilities outside the city.)

**THIS SERVICE IS NOT PROVIDED FOR THOSE CAPABLE OF TRANSPORTING THEMSELVES OR FOR TRIP TO AND FROM THEIR PLACE OF EMPLOYMENT OR SCHOOL.**

Registration Information: Registrant must present a valid I.D. and proof of residency (2 utility bills or mailed correspondence)

Monday-Friday 12:00 - 6:00 pm \*No hand written documents accepted

La ciudad de South Gate ofrece a sus residentes de 62 años de edad o mas o que estan incapacitados, un servicio especial que los ayuda a obtener transportacion dentro de la ciudad a precio reducido.

**ESTE SERVICIO NO ESTA DISENADO PARA LOS QUE PEDEN MOVILIZARSE POR SU MISMO, NI PARA VIAJAR A LUGAR DE EMPLEO O A LA ESCUELA.**

Como inscribirse: Individuos registrandose deben presentar su I.D. vigente, y dos comprobantes de domicilio (recibo de gas, luz, o agua)

Lunes a Viernes de 12:00 - 6:00 pm \*No aceptamos documentos escrito a mano



# PROGRAMAS DEPORTIVOS

**Sports Center**  
**9520 Hildreth Avenue**  
**(323) 563-5445**

## BALONCESTO PARA PEQUEÑOS \$59

**5 - 12 años de edad** **9 semanas**  
 Estas clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre si para poner en practica lo aprendido.  
**5 - 6 años** **Lunes** **5:00 - 5:45 pm**  
**7 - 8 años** **Lunes** **6:00 - 6:45 pm**  
**9 - 12 años** **Lunes** **7:00 - 7:45 pm**

## BEISBOL PARA PEQUEÑOS \$59

**5-12 años de edad** **9 semanas**  
 Estas clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre si para poner en practica lo aprendido.  
**La clase para niños de 3-4 años requiere la participación de los padre.**  
**3 - 4 años** **Miércoles** **5:00 - 5:45 pm**  
**5 - 6 años** **Miércoles** **6:00 - 6:45 pm**  
**7 - 12 años** **Miércoles** **7:00 - 7:45 pm**

## FUTBOL AMERICANO \$59

**5 - 12 años de edad** **9 semanas**  
 Esta clases les enseñara como jugar este deporte divertido. Traigan sus amigos y aprendan juntos!  
**5 - 6 años** **Martes** **6:00 - 6:45 pm**  
**7 - 12 años** **Martes** **7:00 - 7:45 pm**

## MULTI-DEPORTES PARA PEQUEÑOS \$59

**3 - 12 años de edad** **9 semanas**  
 Este programa de nueve semanas les enseñara a sus pequeños un deporte diferente cada tres semanas. Los deportes que se enseñaran serán baloncesto, futbol, y beisbol. Esta clase es paca niñas/niños que tiene poco conocimiento de deportes.  
**La clase para niños de 3-4 años requiere la participación de los padres**  
**5 - 6 años** **Martes** **6:00 - 6:45 pm**  
**7 - 12 años** **Martes** **7:00 - 7:45 pm**



**VOLEIBOL \$59**  
**10+ años de edad** **9 semanas**  
 Esta clases les enseñara como jugar este deporte divertido. Traigan sus amigos y aprendan juntos!  
**Clase para Principiante** **Martes** **5:00 - 5:45 pm**

## ENTRENAMIENTO CON PESAS \$59



**6 - 17 años de edad** **9 semanas**  
 Esta clase se enfoca en aprender la técnica adecuada, la progresión y la ejecución del arranque, cargada de potencia, cargada y envión.  
**Lunes / Viernes** **6:00 - 6:45 pm**

## KARATE \$60

**7 - 17 años de edad** **4 semanas**  
 El karate ofrece la capacidad de desarrollar la confianza, la aptitud física, la defensa personal, la disciplina, la competencia y la habilidad de torneo.  
**Debe registrarse al principio de cada mes**  
**Lunes / Miércoles**  
**Clase para principiante** **5:15 - 6:15 pm**  
**Clase para intermedio** **6:30 - 7:30 pm**  
**Clase para Juniors y Adultos** **7:45 - 9:00 pm**

## SOCCER PARA PEQUEÑOS \$59

**3 - 12 años de edad** **9 semanas**  
 Estas clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre si para poner en practica lo aprendido.  
**La clase para niños de 3-4 años requiere la participación de los padre.**  
**3 - 4 años** **Miércoles** **5:00 - 5:45 pm**  
**5 - 6 años** **Miércoles** **6:00 - 6:45 pm**  
**7 - 12 años** **Miércoles** **7:00 - 7:45 pm**  
**3 - 4 años** **Jueves** **5:00 - 5:45 pm**  
**5 - 6 años** **Jueves** **6:00 - 6:45 pm**  
**7 - 12 años** **Jueves** **7:00 - 7:45 pm**

## ENTRENAMIENTO DE BALONCESTO \$59

**10+ años de edad** **6 semanas**  
 Nuestros entrenadores personales inculcarán los fundamentos necesarios para entrenar como los profesionales. Esta clase se enfoca en el aspecto de fuerza y acondicionamiento del baloncesto, esta clase no es para principiantes.  
**Lunes / Viernes** **5:00 - 5:45 pm**



# PROGRAMAS DE RECREACION

## BAILE

\$70

**Niños y Niñas (7 - 17 años)** 9 semanas

Se ofrecen una variedad de clases de baile, para niños y niñas que desean aprender a bailar. Todas las clases serán de 9 semanas, con una presentación la novena semana.

### Baby Boogie

3 - 5 años Martes 5:00 - 5:30 pm

### Ballet

3 - 4 años Martes 5:30 - 6:00 pm

4 - 5 años Martes 6:00 - 6:30 pm

6 - 12 años Martes 6:30 - 7:15 pm

### Baby Mexican Folk

3 - 4 años Martes 4:30 - 5:00 pm

4 - 5 años Martes 5:10 - 5:40 pm

### Cheerleading

5 - 7 años Jueves 5:00 - 5:45 pm

8 - 12 años Jueves 6:00 - 6:45 pm

### Folklorico

6 - 8 años Miércoles 5:00 - 5:45 pm

8 - 11 años Miércoles 5:45 - 6:30 pm

12 - 17 años Miércoles 6:30 - 7:15 pm

### Baby Tap

3 - 5 años Lunes 5:00 - 5:30 pm

### Hip Hop

6 - 8 años Jueves 5:30 - 6:15 pm

9 - 12 años Jueves 6:15 - 7:00 pm

### Creative Dance

12 - 17 años Martes 7:15 - 8:00 pm

### Parent and Me: Rhythm, and Movement Class

18 meses - 3 Años Jueves 5:00 - 5:30 pm

## GIMNASIA

\$70

**Niños y Niñas** 9 semanas

Su hijo aprenderá los conceptos básicos de gimnasia. Esta clase está diseñada para mejorar la coordinación de su hijo y enseñarle movimientos flexibles.

### Tiny Tumblers

3 - 5 años Lunes 5:30 - 6:00 pm

### Tumbling Class

6 - 8 años Lunes 6:00 - 6:30 pm

9 - 12 años Lunes 6:30 - 7:15 pm

## YOUNG CHAMPIONS OF AMERICA SELF DEFENSE LESSONS

14 Semanas \$10 por semana Lugar: Auditorio

Esta clase ayudará a los estudiantes a desarrollar confianza, auto-disciplina y les enseñará valiosos consejos de seguridad. Se debe pagar una tarifa de inscripción única al momento de la inscripción.

Fechas de clases: 18 de septiembre de 2024 - 15 de enero de 2025

New Students (Ages 4-15)	Wednesday	5:15 - 5:55 pm
Yellow & Orange Belts	Wednesday	6:00 - 6:40 pm
Purple Belts & Above	Wednesday	6:45 - 7:25 pm

Para mas informacion: (714) 478-3793 • (714) 425-4708

# Girls Club House 4940 Southern Avenue (323) 563-5447

## TINY TWO'S

\$101

**Niños y Niñas**

**Lugar: Girls Club House Rm. B**

Esta clase de nueve semanas ayudaran a su bebe de 2 anos a socializar en grupo y participar en la narración de cuentos, juegos, canciones de acción, música y manualidades.

## TOT TIME

\$106

**9 Semanas**

**Lugar: Girls Club House Rm. C**

En esta clase niños aprenderán los números primarios, los colores, las formas y el alfabeto. Los niños también aprenderán a seguir instrucciones y socializar con otros niños a través de juegos, canciones, rompecabezas y manualidades.

## ENTRENAMIENTO PARA PERROS

\$70



**9 semanas**

**Lugar: Hollydale Park**

Los buenos modales a una edad temprana hacen que un nuevo cachorro sea un miembro más agradable de la familia. La clase incluirá órdenes básicas de obediencia y socialización. El instructor de esta clase será Gunther A Ramos.

**Horario de Clases**

**Sábado**

**9:00 - 10:00 am**

**Sábado**

**10:30 - 11:30 am**

## H.O.W. COMEDORES COMPULSIVOS


**18+ años**

**Gratis**

El programa de comedores compulsivos utiliza los principios del programa de doce pases utilizado por A.A.

**Lunes**

**9:00 - 11:00 am**



## CLASES DE CANTO

**7-17 años** **\$70**

**9 week session** **Lugar: Girls Club House**

¡Inscríbete en clases de canto para encontrar tu voz! ¡En esta clase podrás aprender los fundamentos del canto a través de calentamientos vocales, ampliando tu rango y estableciendo una buena postura para tener una respiración adecuada mientras cantas! ¡El último día de clases, los estudiantes tendrán la oportunidad de interpretar la canción elegida frente a familiares y amigos! La instructora de esta clase es Crystal Betancourt.

**Lunes** **7:15 - 8:00 pm**





City of South Gate  
Parks and Recreation Department  
4900 Southern Avenue  
South Gate, CA 90280

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4:00PM**



# WINTER WONDERLAND



**TOY  
GIVE-AWAY**



**TREE  
LIGHTING**



**SOUTH GATE CITY HALL**  
8650 CALIFORNIA AVE, SOUTH GATE, CA 90280  
FOR MORE INFORMATION (323) 563-5447

